Gene-Air Pollution Interactions and Beyond

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Air pollution exposure is associated with a broad set of health effects. Genetic variants and the assessment of gene-air pollution interactions are important research tools to investigate causality and mechanisms underlying the observed associations and to study individual differences in susceptibility to pollutants.

It is assumed that oxidative and inflammatory properties of air pollutants mediate part of the adverse health effects on the lung and the heart. It is unlikely that c-reactive protein (CRP) plays a key role in mediating these effects, as studies applying the principle of Mendelian randomization do not point to CRP being a key risk markers for either coronary heart disease or COPD.

The well characterized population-based SAPALDIA cohort with its associated biobank belongs to the small set of longitudinal studies that allow investigating the long term impact of air pollution on cardiorespiratory morbidity and to study underlying mechanisms. First, we found single genetic variants in selected antioxidative genes such as glutathione Stransferase P1 to modify the beneficial effect of improvements in air quality as assessed based on PM10 in attenuating age related lung function decline. We observed that the lung function of some persons in the general population, based on their genetic make-up, did not benefit from the air quality improvement. Second, in a pathway analyses we studied genetic variation in over 150 genes involved in oxidative stress regulation. The interaction of oxidative stress gene variants with 11 year cumulative PM10 exposure on lung function decline in adults was contrasted to equivalent interactions with 11 year cumulative cigarette smoke exposure. The pathway approach suggested that gene variants modifying the lung function effects of PM10 and tobacco smoke, respectively, differed and suggests different mechanisms mediating the respiratory effects of inhaled particles from the ambient air and cigarette smoke. Third, we conducted agnostic genome wide environment interaction analyses (GWES) on the association of PM10 exposure and lung function decline, albeit with limited power. Pilot data from the GWES provide first evidence for potentially novel mechanisms underlying the PM10 effects on lung function.

Large air pollution and genetics research consortia must confirm the observed interactions with sufficient statistical power. As evidence by the example of inducible nitric oxide synthase both, genetic and epigenetic variation interact in highly complex manners in modifying the effect of air pollution on lung health. Novel exposome approaches in the future will rely on existing cohorts and biobanks to conduct environmental epidemiology beyond genetics by applying other –omics techniques and by refining exposure assessment.



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Gene Air Pollution Interactions

and Beyond.....

Prof. Dr. phil.II et PhD Nicole Probst-Hensch

President Obama's wife convinced him to stop smoking.....



.....but not to reduce air pollution

Obama Administration Abandons Stricter Air-Quality Rules

New York Times, September 2, 2011

WASHINGTON — President Obama abandoned a contentious new air pollution rule on Friday......

The lung cancer epidemic: it is about smoking...

Jha P. Nat Rev Cancer 2009



....the air pollution epidemic is just more complex

- small effects on an individual level
- exposure correlated with lifestyle, sociodemographic and other environmental factors



- Air Pollution and Health: a Complex Network
- Genetic Variation: a Valuable Research Tool
- Beyond Genetic Variation: a Broader Omics Perspective

Single Nucleotide Polymorphisms SNPs

- most common type of genetic variant
- 20-50 common SNPs in a gene
- present in every cell of the body
- can lead to lifelong differences in molecular activities



Potential use of genetic variants and gene-environment interaction studies

not as GENE TEST for:

personalized risk prediction

but as RESEARCH TOOL in policy and prevention for:

- identifying causal risk factors
- understanding causal biological mechanisms and relevant chemicals
- identifying susceptibility
- refining risk assessment

Biological pathways mediating particulate matter health effects Brook RD Circulation 2010



Air Pollution, Inflammation, and Health: causal or confounded ?



Hoffmann et al. EHP 2009

Causality and the Principle of Mendelian Randomization



Circulating CRP, CRP gene variants, and Coronary Heart Disease Wensley et al. BMJ 2011t



C-reactive protein and COPD: predicted versus observed risk as a function of CRP genotype combinations (Mendelian Randomization)

Dahl et al. Thorax 2011

Theoretically predicted risk of COPD

Observed risk of COPD





What else have we learnt from interactions between genetic variants and air pollution?

candidate gene, knowledge-driven approach:

investigating the role of hypothesized mechanisms & genes

genome-wide, data-driven approach:

searching genome-wide for novel mechanisms

Gene-air pollution interactions and health: evidence for a modifying role of antioxidative gene variants *Romieu, Proc Am Thorac Soc 2010; Minelli C et al. Int J Epidemiol 2011 Zanobetti Prog Cardiovascular Dis 2011 (Review on gene-air pollution interactions and CVD outcomes*



The SAPALDIA Cohort & Biobank 9000 participants, 1 mio. biospecimens, 20 years follow-up



Lung function declines naturally with age: more so in smokers; what about air pollution?



Adapted from Fletcher.

http://www.copdhelp.ca/en/about_copd/do_your_lungs_work/

Reduced exposure to PM10 and attenuated age-related decline in lung function: SAPALDIA

Downs SH et al. N Engl J Med 2007

% difference in annual decline FEF ₂₅₋₇₅ ml/s				
all su	bjects	16%		
never	smokers	18%		
ecrease i	in PM ₁₀ betw	een		
nd SAPA	ALDIA 2 (200	02)		
CI				
upper	p-value			
3.0	0.87			

Group	Lung function	Effects for a 10 μ g/m ³ decrease in PM ₁₀ between				
	parameter	SAPALDIA 1 (1991) and SAPALDIA 2 (2002)				
		95% CI				
		Effect	lower	upper	p-value	
	FVC [ml]	- 1.19	- 5.2	3.0	0.87	
All	FEV ₁ [ml]	2.9	- 0.4	5.8	0.09	
(n=4742)	FEV ₁ /FVC %	0.07	- 0.02	0.12	0.011	
	FEF ₂₅₋₇₅ [ml/s]	12.7	4.7	18.6	0.001	

Single Antioxidant Candidate Gene Variant: antioxidative GSTP1 variants modify beneficial effect of PM10 reduction on natural lung function decline *Curjuric ERJ 2010*



Network of candidate oxidative stress genes

Yang I A et al. Postgrad Med J 2009;85:428-436



Assessment of oxidative stress related gene-PM10 interactions on gene- & pathway-level *Curjuric I, PLoSOne in press*

Study sample: 669 non-asthmatic adults

Outcome: Decline in lung function

Genes: **152 oxidative stress genes**, 14 pathways, 12679 SNPs

Exposure: individual cumulative **PM10 or Packyears**

Model: derive gene- and pathway level interaction p-values -running ARTP method ¹⁾ on SNP interaction p-values





All common gene variants: genome-wide interaction on ΔPM10 and lung function decline Imbgden, J Allergy Clin Immunol 2012; Imboden, work in progress



Genes by PM10 on lung function decline

Gene-Air Pollution Interactions: Challenges

- sample size needs
- phenotypic heterogeneity
- accurate assessment of air pollution exposure & composition
- functionality of genetic variation

- Air Pollution and Health: a Complex Network
- Genetic Variation: a Valuable Research Tool
- Beyond Genetic Variation:
 a Broader –Omics Perspective

from

gene

to

gene expression

-omics approaches

Holloway Respirology 2012

to

protein function



Figure 1 'Omics' approaches to studying the respiratory effects of air pollutant exposure. Response to air pollutant exposure in the lungs can be studied systematically at the genomic level. The response may vary based on SNP in DNA comprising the genome, differences in DNA methylation and other epigenomic changes, mRNA expression in the transcriptome and altered miRNA expression in the miRNAome. These genomic changes, arising as a result of gene-environment interaction, influence protein expression and function in a number of biological pathways, and ultimately influence cellular function in response to air pollution. Epigenetics challenging Mendelian Randomization Alu methylation status modifies the association of air pollution with circulating CRP *Bind M-A et al. Epidemiology 2012*



Epigenetics and Genetics Combined Inducible nitric oxide synthase, PM, and exhaled nitric oxide in children Salam MT J Allergy Clin Immunol 2012;219:232-9

- fractional concentration of exhaled nitric oxide (FENO) measurement : noninvasive assessment of airway inflammation
- FENO level predictive of future asthma risk in children & adults
- nitric oxide homeostasis: modulation of airway and vascular smooth muscle tone and inflammation

Short-term air pollution and genetic NOS2 variants influence iNOS promoter methylation

Salam J Allergy Clin Immunol 2012

TABLE II. Short-term air pollution exposures and iNOS promoter methylation

Percent methylation				
Air pollution exposure*	(95% CI)†	<i>P</i> value‡		
PM _{2.5}	-0.30 (-0.54 to -0.06)	.01		
PM ₁₀	-0.07 (-0.22 to 0.08)	.38		
NO ₂	0.10 (-0.25 to 0.45)	.57		
O ₃	-0.02 (-0.35 to 0.32)	.92		

TABLE III. NOS2 promoter haplotypes and iNOS promoter methylation

	Haplotype frequency			
NOS2 haplotypes*	Hispanic white	Non-Hispanic white	Percent methylation (95% CI)†	Global <i>P</i> value‡
h0000000 (H1)	0.19	0.16	Reference	6.2×10^{-8}
h0111101 (H2)	0.32	0.37	-1.55 (-2.07 to -1.02)	
h1000010 (H3)	0.36	0.25	-1.21 (-1.72 to -0.70)	
h0000010 (H4)	0.11	0.19	-0.49 (-1.12 to 0.14)	
Other haplotypes§	0.02	0.03	-1.42 (-2.69 to -0.16)	

Joint effect of NOS2 gene variants, iNOS Methylation, and 7-day average PM2.5 on FENO

Salam J Allergy Clin Immunol 2012



The complex interplay between environment, genetics and epigenetics: iNOS example



Air pollution exposome and phenome SAPALDIA studies in progress



Projected increase in NCDs cases, China, 40+ calling for efficient prevention strategies World Bank Report, Toward a Health and Harmonious Life in China 2011



UK Biobank a kingdom's worth of

data and samples Baker M Nature 2012

In the past few years, more than a half a million people aged 40-69 in the UK

- collectively peed into cups
- spat into tubes
- had needles stuck in their arms
- spent hours having their weight, blood pressure, memory, lung volume and grip strength measured and recorded and answering extensive questionnaires about their lifestyles



The Political Dimension of Population-Based Biobanks

- maintain and strengthen competitive research at all levels
 - well characterized biological specimens for basic, clinical, epidemiological and pharmaceutical research
 - advancement of novel molecular/bioinformatics technologies
- data for health and environmental politics



cohorts and biobanks drive where funds scientists life science industry go



SAPALDIA Biobanking & Genetics, Swiss TPH Medea Imboden Ivan Curjuric Martin Adam Gian Andri Thun Ashish Kumar





SAPALDIA-Team

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(a) allergology, (c) cardiology, (cc) clinical chemistry, (e) epidemiology, (exp) exposure, (g) genetic and molecular biology, (m) meteorology, (n) nutrition, (o) occupational health, (p) pneumology, (pa) physical activity, (pd) pediatrics, (s) statistics